

Mental Health Crisis Contact Information & Community Resources

In the event of an Emergency, call 911.

Service	Agency	Location/Website	Phone Number
Crisis Hotline. Intervention & referrals for suicide, sexual assault, & general crisis situations 24 hours.			
	Rape and Suicide Crisis of Southeast Texas	http://www.rapesuicidebeaumont.org/	1-800-793-2273 or (409) 835-3355
	National Suicide Prevention Hotline		1-800-SUICIDE or 1-800-784-2433
	Texas Health and Human Services Commission	2-1-1 Texas or http://www.211texas.org/	dial 2-1-1 or (877) 541-7905
	Spindletop Crisis MHMR (Crisis Line 24 hrs. a day/7 days a week)	http://www.stmhmr.org/	(409) 838-1818 or 1-800-937-8097
	National Youth Crisis Hotline		1-800-448-4663
	Gay and Lesbian National Hotline		1-888-THE-GLHN or 1-888-843-4564
	GLBT National Youth Talkline		1-800-246-PRIDE or 1-800-246-7743
	Rape, Abuse & Incest National Network	https://www.rainn.org/	1-800-656-HOPE or 1-800-656-4673
Evidence collection for sexual assault, domestic violence, child and elder abuse. On call 24 hours each day.			
	Christus St. Elizabeth, Beaumont Forensic Nurse Examiner	2830 Calder Str., Beaumont, TX 77702	(409) 892-7171
LSCPA Title IX Coordinator			
	Susan Cook	cooksl@lamarpa.edu Madison Monroe Educational Building, Room 2081 Lamar State College Port Arthur, Port Arthur, TX 77640	(409) 984-6146
Mental Health, Counseling, & Substance Abuse			
	Dean of Student Services (LSCPA students can obtain referrals for local counseling services)	hebertda@lamarpa.edu Deborrah Hebert, Ph.D. Dean of Student Services Lamar State College-Port Arthur, Port Arthur, TX	(409) 984-6157
	Family Services Counseling Program	http://www.weststrengthenfamilies.org/programs/family-services-counseling	(409) 833-2668 ext. 100
	Samaritan Counseling Center of Southeast Texas	(Port Arthur, Beaumont, Orange, Vidor, Silsbee & Kirbyville) http://www.sccset.org/	(409) 727-6400 or 1-877-385-3347
	Alcoholics Anonymous	http://www.aadistrict90.org/ http://aa-intergroup.org/ Beaumont, Texas (information about online group meetings)	(409) 832-1107
	Substance Abuse and Mental Health Services Administration	http://www.samhsa.gov/	1-877-726-4727 or 1-800-487-4889 (TDD)
	South East Texas Council on Alcohol and Drug Abuse Community Coalition Partnership	http://setcada.org/ 4675 Washington Blvd., Ste. C, Beaumont, TX 77707	(409) 842-2408 or 1-800-221-8328
	The Depression and Bipolar Support Alliance	http://www.dbsalliance.org	1-800-826-3632
	The Anxiety and Depression Association of America	http://www.adaa.org	(240) 485-1001

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	The National Alliance on Mental Illness Serving Southeast Texas	http://www.nami.org Mr. Claude Guidroz, cguidroz@qt.rr.com	(409) 835-7121
	Post-Traumatic Stress Disorder - National Institute of Mental Health	https://www.nimh.nih.gov/health/topics/post-traumatic-stress-disorder-ptsd/index.shtml	
Veteran's, U.S Military Personnel, and Military Families Assistance			
	Veterans Crisis Line	https://www.veteranscrisisline.net/	1-800-273-8255 (press 1)
	Jefferson County Veteran's Center	http://www.va.gov/directory/guide/facility.asp?ID=6128&dnum=All&stateid=TX&v=1 990 IH10 North, Suite 180, Beaumont, TX 77702	(409) 347-0124
	Orange County Veteran's Office	http://www.co.orange.tx.us/Veterans_Office.html 10984 FM 1442, Orange, Texas 77630	(409) 745-1535
	Texas VA Health Care Systems and Outpatient Clinics	https://www.va.gov/directory/guide/region.asp?map=1&ID=17	
	Department of Defense Safe Hotline	https://www.safehelpline.org/	1-877-995-5247
	Health.mil (official website of the military health system)	https://health.mil/ 7700 Arlington Boulevard, Suite 5101, Falls Church, VA 22042	1-866-966-1020
	U.S. Army's Intervene, Act, and Motivate (I. A.M.) STRONG	http://www.sexualassault.army.mil	
	Families OverComing Under Stress (FOCUS): Resiliency Training for Military Families	http://focusproject.org UCLA Semel Institute, 760 Westwood Plaza, Room A8-159, Los Angeles, CA 90024	(310) 794-2482
	Military.com Spouse (all military branches represented)	http://www.military.com/spouse	
	Military Kids Connect	http://www.militarykidsconnect.dcoe.mil	
	National Guard Family Program	http://www.jointservicesupport.org/FP	
	Suicide Prevention Team Michael E. DeBakey VA Medical Center	Chantel Hemphill, Suicide Prevention Coordinator Chantel.Hemphill@va.gov https://www.houston.va.gov 2002 Holcombe Blvd, Houston, TX 77030	(713) 791-1414 ext. 20002
Domestic Violence			
	The National Domestic Violence Hotline		1-800-799-1833
	Texas Council on Family Violence – National Domestic Violence Hotline	www.thehotline.org	1-800-799-SAFE (7233) or 1-800-787-3224
	Family Services Women and Children's Shelter & Crisis Intervention	http://www.westrengthenfamilies.org 3755 Corley St., Beaumont, TX 77701	(409) 832-7575 or 1-800-621-8882
Shelters, Food, Clothing, & Emergency Needs			
	Family Services Women and Children's Shelter & Crisis Intervention	http://www.westrengthenfamilies.org	(409) 832-7575 or 1-800-621-8882
	Salvation Army, Orange	1960 MLK Dr., Orange, TX 77630	(409) 291-8400
	Salvation Army, Port Arthur	3145 25th St., Port Arthur, TX 77642	(409) 983-2229
	Salvation Army, Beaumont	2350 IH 10 East, Beaumont, TX 77703	(409)-896-2361
	Port Cities Rescue Mission Family Shelter	849 5th Street, Port Arthur, TX 77640 http://www.homelesshelterdirectory.org/cgi-bin/id/shelter.cgi?shelter=11537	(409) 982-0202

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	United Board of Missions	http://www.unitedmissions.org/	(409) 962-5661 ext. 101
	Low-income Housing	https://www.publichousing.com/city/tx-port_arthur https://www.publichousing.com/city/tx-groves https://www.publichousing.com/city/tx-nederland	
	Catholic Charities of Southeast Texas – Hospitality Center	http://www.catholiccharitiesbmt.org/pages/programs/hospitality.html 3959 Gulfway Drive, Port Arthur, Texas 77642-1722	(409) 924-4406 or 1-888-982-4842
	LSCPA's Seahawk Food Pantry	https://www.lamarpa.edu/Current-Students/Student-Activities/Pantry LSCPA Student Activities, Student Center, Office 203	(409) 984-6191
	Some Other Place	www.someotherplacebeaumont.com 590 Center St., Beaumont, TX 77701	(409) 832-7976
	Abundant Life Sanctuary	https://www.abundantlifesanctuary.com/ 2301 W. Parkway. Groves, Texas	(409) 962-1056
	American Red Cross, Beaumont	http://www.redcross.org/local/texas/gulf-coast/local-chapters/southeast-deep-east 3260 Eastex Frwy., Beaumont, TX 77703	(409) 832-1644
	American Red Cross, Orange	3901 IH 10 East, Orange, TX	(409) 883-2113
	American Red Cross, Port Arthur	3747 Doctors Dr, Port Arthur, TX 77642	(409) 985-7461
	Southeast Texas Food Bank	3845 S ML King Jr Parkway, Beaumont, Texas 77705 http://setxfoodbank.org/	(409) 839-8777 or 1-844-356-9084
	Goodwill Industries, Port Arthur	http://www.goodwill.org/ 4352 Hwy 365, Port Arthur, TX, 77642	(409) 722-8773
	Goodwill Industries, Beaumont	http://www.goodwill.org/ 6210 Phelan, Beaumont, TX, 77706	(409) 860-7167
	Goodwill Industries, Orange	http://www.goodwill.org/ 3109 Edgar Brown, Orange TX, 77630	(409) 670-9216
Childcare Assistance, Parenting, & Child Counseling			
	Catholic Charities of Southeast Texas	http://www.catholiccharitiesbmt.org/	(409) 924-4400 or 1-855-924-4400
	Garth House (Counseling for children and non-offending family members)	(Beaumont, Kirbyville, Orange and Woodville) http://garthhouse.org/	(409) 838-9084
	<i>To locate a childcare provider/Day Care</i>	www.txchildcaresearch.org	
Child & Adult Abuse and Neglect			
	Texas Department of Family and Protective Services (24 hrs./7 day Hotline)	http://www.dfps.state.tx.us/ https://www.txabusehotline.org 3105 Executive Blvd., Beaumont, TX 77705	(409) 730-1099 1-800-252-5400
	Texas Department of Family and Protective Services	http://www.dfps.state.tx.us/ https://www.txabusehotline.org 5860 9th Ave., Ste. A & C, Port Arthur, TX 77642	(409) 963-0312
	Texas Department of Family and Protective Services	http://www.dfps.state.tx.us/ https://www.txabusehotline.org	(409) 670-4500

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		2220 Gloria Dr., Orange, TX 77630	
Services for People with Physical and Mental Health Disabilities			
	Workforce Solutions Vocational Rehabilitation Services – Port Arthur	www.texasworkforce.org or https://twc.texas.gov/jobseekers/vocational-rehabilitation-youth-students#youthStudentServices or https://twc.texas.gov/jobseekers/vocational-rehabilitation-adults#contactInformation 3901 North Twin City Highway PORT ARTHUR 77642	1-800-628-5115 or (409) 962-1236
	Workforce Solutions Vocational Rehabilitation Services - Beaumont	www.texasworkforce.org or https://twc.texas.gov/jobseekers/vocational-rehabilitation-youth-students#youthStudentServices or https://twc.texas.gov/jobseekers/vocational-rehabilitation-adults#contactInformation 77709 510 Park Street, Suite 100 BEAUMONT 77701	1-877-834-5627 or (409) 600-2679
	Criss Cole Rehabilitation Center (vocational rehabilitation training facility serving adults who are legally blind)	https://twc.texas.gov/jobseekers/criss-cole-rehabilitation-center 4800 N. Lamar Blvd. Austin, TX 78756	1-800-628-5115 or (512) 377-0300
	Texas Health and Human Services – Deaf and Hard of Hearing Services	https://hhs.texas.gov/services/disability/deaf-hard-hearing 701 W. 51st Street, Austin, Texas 78751 Mailing: P.O. Box 12904, Austin, Texas 78711	Voice: 1-512-438-4880 Videophone: 1-512-410-1387
	RISE Center for Independent Living	https://risecil.org/ 755 So. 11th Street, Suite 101, Beaumont, TX 77701	(409) 832-2599
Employment & Career Exploration			
	Port Arthur Workforce Solutions Center	http://www.setworks.org/ 3901 Twin City Highway, Port Arthur, Texas 77642	1-877-834-JOBS or (409) 962-1236
	Beaumont Workforce Solutions Center	http://www.setworks.org/ 510 Park Street, Suite 200, Beaumont, TX 77701	1-877-834-JOBS or (409) 839-8045
	Orange Workforce Solutions Center	http://www.setworks.org/ 2415 N 16th Street, Orange, TX 77630	1-877-834-JOBS or (409) 882-0302
Foster Care & Adoption			
	Buckner Children and Family Services	http://www.buckner.org/ 9055 Manion Drive, Beaumont, TX 77706 Contact: Zoe Gates zgages@buckner.org	(409) 861-1123 (409)-866-0976
	Texas Adoption Resource Exchange (TARE)	www.dfps.state.tx.us/adoption_and_foster_care	1-800-233-3405
	U.S Department of Education, <i>Foster Youth Transition Toolkit</i>	http://www2.ed.gov/about/inits/ed/foster-care/youth-transition-toolkit.pdf	
	Texas Department of Protective and Family Services – Youth in Foster Care (informational webpage)	http://www.dfps.state.tx.us/Am/foster-youth.asp	
	Region 5 – Transition Center (Foster Care)	675 East Virginia St., Beaumont, TX 77705 Contact: Jo Adams Email: jadams@buckner.org Contact: Jeff Ross Email: jross@buckner.org	(409) 833-1971

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	TX Department of Protective and Family Services – Overview of Transitional Living Services	http://www.dfps.state.tx.us/Child_Protection/Youth_and_Young_Adults/Transitional_Living/documents/Transitional_Living_Services_Handout.pdf	
Social Services			
	City of Port Arthur Health Department	https://www.portarthurtx.gov/213/Health-Department 449 Austin Avenue, Port Arthur, Texas 77640	(409) 983-8800
	Texas Health and Human Services Commission	https://hhs.texas.gov 350 Pine St, Beaumont, TX 77701	(409) 832-0061
	U.S. Dept. of Health and Human Services	http://www.hhs.gov/ 200 Independence Avenue, S.W., Washington, D.C. 20201	1-877-696-6775
	Hope Women’s Resource Clinic	https://www.hope-clinic.com/ 3740 Laurel Ave, Beaumont, TX 77707	(409) 898-4005
	Nurse-Family Partnership (NFP)	https://www.portarthurtx.gov/217/Nurse-Family-Partnership-NFP 444 4th Street, Port Arthur, TX 77640	(409) 983-8100
	CHRISTUS Southeast Texas Maternity and Women’s Health Center	https://www.christushealth.org/southeast-texas/locations--directions/southeast-texas-maternity-and-womens-health-center 2001 9th Avenue, Port Arthur, Texas 77642	(409) 989-5858
	P.A.L.M. (Project Aids Land Manor) Center	http://www.landmanor.org/ourmission.html Land Manor, Inc., 4655 Collier Street, Beaumont, Texas 77706	(409) 838-3946
	Triangle Area Network	https://www.tanhealthcare.org/ 1495 N 7th St., Beaumont, TX 77702 737 N. 16th Street, Orange, TX 77632	(409) 832-8338 (409) 920-4223
Additional Mental Health Resources			
	Mental Health Screening Tools	http://www.mentalhealthamerica.net/mental-health-screening-tools	
	Anxiety (GAD, OCD and Panic Disorder) Screening Tools	http://www.healthyplace.com/psychological-tests/	
	Depression Screening Tool	http://psychcentral.com/quizzes/depquiz.htm	
	Early Warning Signs of Suicide	http://www.jedfoundation.org/students	
	Suicide Screening Tool	http://psychcentral.com/quizzes/suicide-quiz.htm	
	Suicide Prevention	http://www.ulifeline.org/topics/130-suicidal-behavior	
	Stress Management	https://www.nimh.nih.gov/health/publications/stress/index.shtml	
	Anger Management	http://www.mayoclinic.org/healthy-lifestyle/adult-health/in-depth/anger-management/art-20045434	
	Self-injury	http://www.helpguide.org/articles/anxiety/cutting-and-self-harm.htm	
	Eating Disorders	http://www.eatingdisordersonline.com	
	College Alcohol Abuse	http://www.collegedrinkingprevention.gov/	
	College Drug Abuse	https://www.addictioncenter.com/college/	